

Respecting, remembering the past ~ with an eye on the future

“When my heart is heavy, the sun helps make it light.”

~Astrid Alauda

This quote by an inspirational author is at the source of some special plans and activities for this February 2010, hosted by TLC Aged Care in Whittlesea.

TLC Aged Care – Sunlight, at 43 Laurel Street, Whittlesea was part of the community badly affected by the bushfires a year ago.

“Several staff members lost homes, and we like so many other members of this wonderful community are all still coming to terms with it,” explained Jacky Robinson, Sunlight’s Clinical Services Manager.

“The anniversary approaching makes it a significant and difficult time. Somehow you think, how could it be a year already, yet then you look at what we have all done and how we have worked together throughout that year. It’s certainly challenging but encouraging at this time,” Jacky said.

TLC Aged Care – Sunlight is taking the view that “we’re respecting and remembering the past and we’re keeping a positive eye out for the future. We are healing and moving forward, but without forgetting the way that this time last year changed so many of our lives, forever.”

And so we want to have some fun. On Saturday afternoons in February 2010, Sunlight will be ‘open’ between 2.00 and 4.00 in the afternoons. As we do so well, Sunlight will be providing afternoon tea and entertainment for residents and guests.

For members of the public we’ll have qualified staff on hand to show you through and explain the process of residential care. We do however ask that you make an appointment, Please call 9716 3801 to arrange a time to suit.

The Supper Club – continues to be a ‘hit’

“Our residents and their families continue to thoroughly enjoy the regular ‘Supper Club’ gatherings with entertainment, dancing and supper,” said Jacky.

In February, the Supper Club will be held on February 11 between 6 and 8 pm. This month we’re making it that little bit more special by making it a prawn and champagne cocktail evening. This is a very special evening for residents, families and friends.

“Entertainment, live music, singing and enjoying each other’s company are always part of the Supper Club events. It makes for a fun night out for everyone and we hope at this time of year, we can help make some heavy hearts feel a little lighter,” Jacky’s goal for February 2010 is to be a part of a leadership team that will continue the healing and recovery process for this wonderful community.



For more information or for photograph opportunities please contact Alistair Henderson on 0421 059 887. To organise a tour on any Saturday during February (2.00pm – 4.00pm) please contact Sunlight directly on 9716 3801